**Jyoti Gandhi**

**Brain Health Coach**

**Biography**

Jyoti Gandhi, a Business Management graduate, with a counselling degree, wears many caps, she has over 40 years teaching experience in many fields.

She is a Happiness coach and practitioner, from the Berkeley Method of Happiness.

A Brain Gym Coach, following Paul and Gail Dennison of California, A Spiritual Guide, a Paper Sculpturist, An Avid prize winning Social Worker, a lifeskill trainer who has relentlessly worked in and around Mumbai for the benefit of fellow beings.

Always advocating of being a student, she singlehandedly wants to create awareness and importance of BRAIN HEALTH, as a preventive measure to many diseases and touch 40,000 lives and completed over 200 webinars.

**About Me**

Bachelor Degree In Psychology From Jaihind College Mumbai.

An MBA from Xavier’s Institute Of Management Mumbai.

A Diploma Holder In Counselling From SIES College, Mumbai

A Landmark Forum - USA, Practitioner, Siddha Samadhi Yoga Practitioner

A Certified Practitioner and Coach Of Happiness from The Berkeley Method Of Happiness California USA.

A Teacher of Brain Health Awareness I am a Business Women And Mother Of 2 Children Staying In Vile Parle, Mumbai  
  
An Entrepreneur too Managing Her Food Products Manufacturing Business Since The Past 35 Years  
  
My Passion Has Been In Teaching And Being A Trainer In Various Fields  
  
A Trend Setter And Innovator Who Has Started Many ‘Firsts’

***PAP CRAFTINA***

A one- of- its- kind paper sculpturing exhibition in India

***SUNNY SMILE PRE SCHOOL***

The very first school in India for 1 ½ year olds

***SKIPPY’S***

The first gym for teeny weeny kids and swimming classes for mom’s n tot’s in Mumbai which was attended by many current Bollywood stars. Also introduced for the first time a touch therapy for new born and their mums by way of massages.

***EACH-ONE-TEACH-ONE***

A series of articles specifically created & written for robin age newspaper to teach English to the less fortunate labor community. This series won an award from the United Kingdom as the best and most innovative teaching method for English.

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